

Take Action for Earth Month Join the Watershed-wide Cleanup!

Volunteer to help make our community cleaner, healthier, and more beautiful. Register Today!

To learn more visit: www.fountain-crk.org

Crew Leader Training 2024

An Overview of Tasks, Tips, and Safety



Welcome!

Fountain Creek Watershed Flood Control and Greenway District



Hannah Mooney, Lead Watershed Outreach Coordinator

Susan Finzel, Watershed Outreach Coordinator, Pueblo

Kristin Wehde, Crew Leader Extraordinaire/volunteer

Sergeant Olav Chaney, Homeless Outreach Team, CS PPD

Thank you for volunteering to lead a crew this year!



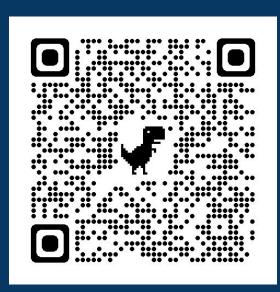


Visit your site in advance

- Allows you to identify areas in most need prior to sending your crew out
- Allows you to identify safety hazards in advance, such as:
 - Loose/unstable ground
 - High water areas
 - Homeless camps
 - Tires, carts, and other heavy items

ABOUT GREAT AMERICAN CLEANUP RESOURCE PAGE

Please take the time to review these links in advance of your cleanup



Safety

The Fountain Creek Watershed District takes the safety of our volunteers seriously. It is the absolute top priority regarding community cleanups. To ensure the safety of our volunteers, we prioritize the following:

- Thorough Planning and Site Assessment: Before any cleanup event, we
 recommend that crew leaders perform a site walk-through/ evaluation. This allows
 us to implement effective safety measures and create a secure environment for all
 volunteers.
- Safety Equipment and Gear: As stated above, the District provides volunteers with appropriate safety equipment and gear to minimize risks during the cleanup activities. Please dress appropriately for Colorado's ever-changing weather, bring sunscreen, and insect repellent, and wear closed-toe shoes.
- Continuous Monitoring: Throughout the cleanup process, our team continually
 monitors the weather conditions to address any evolving situations. We ask that
 volunteers be prepared to adapt to any changing circumstances.
- Training and Orientation: Our volunteers receive thorough training and orientation sessions that cover safety protocols, proper equipment usage, and guidelines for navigating specific cleanup sites. This equips them with the knowledge and skills needed to participate safely.
 - An optional, Hybrid Crew Leader Training will take place on April 12th from 5:30-6:30 pm at the El Paso County Parks & Community Services 2002 Creek Crossing, Colorado Springs, CO 80905
 - Crew Leaders are expected to review the Safety Guidelines Document below and discuss with cleanup volunteers.

● _GAC Safety Guidelines 2024 - English.docx.pdf

CREW LEADER TRAINING VIDEO



Recruit Crew Members; Assign Alternate Crew Leader

- More hands make light work! If you need more help, inquire with a school, church, or business near your location (or sweet talk your friends and family).
- Young people aged 8-17 years must have a parent or chaperone (21+ years) with them at the event.
- Share the name and phone # of the Leader and Asst. Leader(s) with all crew members.
- Send out workday location and time 'reminder' 24 hrs. in advance.



Print and Read the Safety Guidelines to your Crew Members



2024 Great American Cleanup Safety Guidelines To be read and discussed with all GAC Crew Volunteers Allow ample time for questions and answers.

- . No GAC Crew member may participate in Great American Cleanup unless they have reviewed the supplied safety guidelines and digitally signed the Terms and Conditions provided in Cervis Account Set up.
- · Crews should adhere to any COVID mandates and be conscious of others.
- . Crew Leaders should have a list of volunteers and access to a cell phone, in case of an emergency, Volunteer roster list is accessible though the event leader's Cervis Portal.
- . It is recommended that each Crew member be up to date with his/her tetanus shot
- · Volunteers must wear sturdy footwear, long pants, a hat or visor, bring drinking water, and wear sunscreen and insect repellent. It is recommended that sunscreen be reapplied every 2 hours.
- Everyone is encouraged to take breaks, drink fluids, and avoid overexertion. Adults must monitor youth/children for heat and other physical stress signs and symptoms.
- . Carry minor first aid supplies; be aware of the location of the larger first aid kit during the cleanup event. (Identify someone with a kit/ supplies and their phone #)

Volunteers 17 years or younger, must be supervised by a responsible adult aged twenty-one (21) years or older. Children under the age of 8 must be paired with one

- Always survey the conditions of your assigned area prior to the scheduled event and determine if the conditions are safe and appropriate for youth and children, and the abilities of the group's members. If at any time, the Crew Leader or a District Representative feels the adopted section of the waterway has become unsafe, the cleanup should be rescheduled.
- Be aware of high water resulting from large quantities of storm runoff from heavy rainfall, hall and/or snowmelt, and tree debris that may clog the creek bed.
- · Avoid contact with the water if you open cuts and sores unless they are properly protected.
- . Do not drink water from any waterway.

4/3/2024

- . Do not work in, on, or around spillways, dams, or other human-made diversions
- · Avoid working on steep slopes or in confined river stretches with limited access. Stream banks and/or shorelines may be slippery and/or unstable. Always proceed with caution when walking
- . Only ADULTS are allowed in high-risk areas such as steep slopes, areas close to fast-moving water, or deep water. These areas should be avoided when possible. Take small steps and move slowly in order to avoid losing your balance and getting hurt. The following hazards may be present:
 - o Broken glass, nails, metal, or other sharp objects.

 - Wildlife such as snapping turtles, snakes, and spiders.
 Rocks, trash, or other objects could cause you to trip and lose your balance.
- · Volunteers should always get help when carrying heavy objects and abandoned tires. If the object is too heavy to move, mark the location and note this location and report it to GoCOS! App if in Colorado Springs.

- Don't just hand out the guidelines review them together
- Warn about areas on the trail that could present hazards
- Remind your crew to leave homeless camps alone and report with GoCOS App instead
- Have a first aid kit and make sure crew members know how to contact you if they need it







How to be a Superstar Crew Leader!

- Bring water for your volunteers!
- Bring snacks for your crew
- Have a first aid kit
- Livestream parts of your cleanup on Facebook
- Have your crew dress up in themed outfits to stand out
- Contact a nearby local business to negotiate discounts or an after party for your crew.



Waiver Signatures

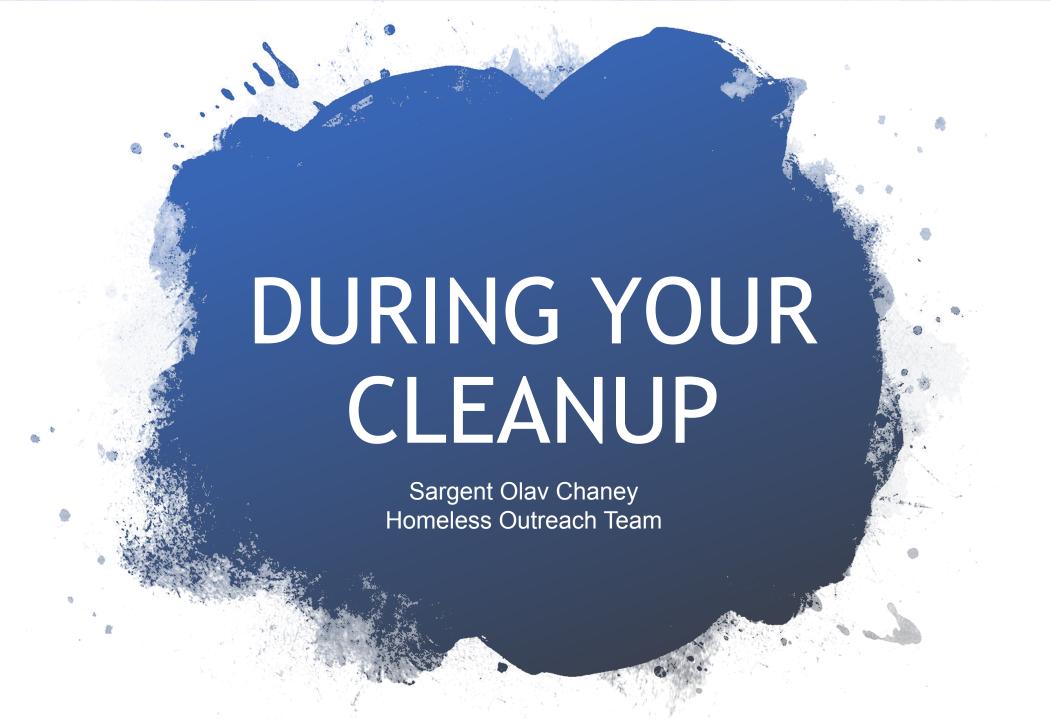






Every volunteer will need to register for the cleanup and create an account through Cervis

- Terms and conditions/ waivers
- Group and individual
- Photo release



Always Work in Pairs. Wear Bright Colors or Safety Vest.

Use Gloves!

Ask crew members to bring additional gloves, trash grabbers, and buckets with handles if they have them at home.

Your kit will include some staple cleanup supplies, but if people have their own, they may want to bring them, and this helps us keep our cleanups sustainable into the future.









Stay Clear of the Swift Water



Always work with a partner... Use litter grabbers to reach in rocks, branches, and under concrete.

If you are along a waterway, do not wade in cloudy water.

BEAUTIFUL GREAT AMERICAN CLEANUP



WHEN IN
DOUBT, LEAVE
IT ALONE AND
REPORT YOUR
FINDING TO
THE PROPER
CHANNELS







Use your best judgement and caution when you find potentially hazardous Items.

- In Colorado Springs, utilize the GOCOS! APP
- Make a note or take a photo.
- Report the location to organizers.
- See your crew leader resources page for specifics.



Always Kick a Tire Before Grabbing it! Tires are Good Hiding Places for Rodents, Spiders, and Snakes

Tires filled with water are heavy. Carefully drain before picking up and hauling. Work with a partner and stack for loading later.



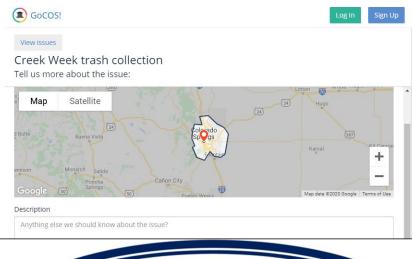
Trash Plan:

- Whenever possible, utilize a public dumpster (such as at a park).
- Please DO NOT pile bags and trash. Arrange them so they are easy to pick up.
- You can also ask your post-cleanup celebration site (a restaurant or brewery?) if you can utilize theirs.

In Colorado Springs you can use the GOCOS! App. or website

- (https://coloradosprings.gov/page/citizen-request-gocosprings-app) There is a specific Creek Week Trash Collection option. Identify the location, add any notes, and submit for pickup!
 - Tie Full Bags and place at the Edges of Trails,
 Paths, or Roadways to be Easily Seen!







Interested in Sorting Cigarette Waste for Recycling?

- Cigarette butts are a pain in the you-know-what. The #1 littered item in the US can now be recycled with TerraCycle
- During your cleanup, use a smaller bag to collect: extinguished cigarettes, filters, rolling paper, inner foil, and outer plastic packaging (not cartons).
- Visit:
 <u>https://www.terracycle.com/en-US/brig</u>
 <u>ades/cigarette-waste-recycling</u> for more info.
- This is an "extra credit" option for those who choose to do so. Crew Leaders are responsible for mailing them in afterward.



AFTER YOUR CLEANUP

Hannah Mooney, Creek Week Director, Watershed Outreach Coordinator



Take Videos!!





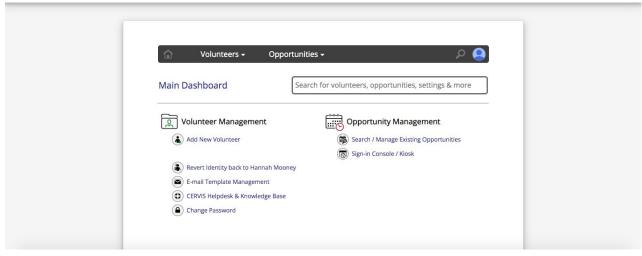
Do you want to be featured in the 2024 CW Commercial?

- Horizontal video
 - 0 4K
 - o 24p
 - Film a Time Lapse Video
 - Bonus points- Drone footage!!

Impact Tracking through Cervis

•We need your data!







Log Activity Impact	×
Volunteer Name: Claire Ami Opportunity Name: 1-185 Monument Valley - Crew Member	
13 Gallon Bags of Trash Removed Quantity of 13 Gallon trash bags filled and removed during the shift Notes: (Optional)	
30 Gallon Bags of Trash Removed Quantity of 30 Gallon trash bags filled and removed during the shift Notes: (Optional)	
Pounds of Miscellaneous Large Items Estimate the weight of trash removed that didn't fit in trash bags (e.g. tires, boxes, lumber)	
Notes: (Optional)	
Rate your shift experience (1-10) From a low of 1 to a high of 10 how was your experience as a whole?	

By Saturday May 11th:

- -Be sure you have submitted:
 - -Photos to fountaincreekoutreach@gmail.com or to 7742853676
 - -Title your message: GAC Photo Submissions- (Site Number)
- Impact tracking numbers recorded in Cervis





What should you do with Supplies?

You are welcome to drop materials off at the Bear Creek Maintenance Shop

or Keep your materials for next year's cleanup!!

THANK YOU SO MUCH 2024 CREW LEADERS!

Contact



- > Website: www.fountain-crk.com
- (Hannah Mooney, Watershed Outreach Coordinator)
- > Email: fountaincreekoutreach@gmail.com
- > Phone: (774) 285-3676